

ANNETTE CALDWELL SIMMONS SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT

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resolution, counseling, applied physiology, wellness, liberal studies and lifelong learning. The mission of the school is to integrate the theory, research and practice of education and human development; to promote academic rigor and interdisciplinary study; to educate students for initial certification and professional practice; and to nurture collaboration across the academic community.

Undergraduate programs include a major and three minors in applied physiology and sport management and a minor in education. The school offers one doctoral program, eight Master

Undergraduate Teacher Certification

www.smu.edu/teacher_prep

Dara Williams -Rossi, Director

The Department of Teaching and Learning offers courses that prepare students for teacher certification at the elementary and secondary levels: early childhood through grade six, grades four through eight (middle school) and grades eight through 12 (high school). All of the courses in the program of study are based on the Texas standards for beginning teachers. Undergraduate students pursue an approved academic major in the Dedman College of Humanities and Sciences Meadows School of the Arts, Cox School of Business, Simmons School of Education and Human Development, or Lyle School of Engineering while seeking Texas teacher certification and pursuing a minor in education. Music education students work toward an all-level (grades EC-12) certificate. Those who have already earned a Bachelor's degree may obtain teacher certification credentials through the postbaccalaureate program, which essentially mirrors the undergraduate program. Postbaccalaureate students seeking certification for grades four through eight or grades eight through 12 must have 24 hours of coursework in the subject area in which they plan to seek certification, with at least 12 of the 24 hours being upper-division courses.

Each student in a certification program has an education adviser who directs his/her program of study. The education adviser is committed to mentoring and supporting student learning. Students are expected to maintain high levels of performance and to develop habits of reflection as they acquire knowledge and skills of practice.

The program of study includes 24 credit hours of coursework and six hours of student-teaching or internship experience in the three elementary and secondary certification programs: EC through grade six, grades four through eight (middle school) and grades eight through 12 (high school). (See the list of courses below.) Students must complete the 24 credit hours of coursework required for teacher certification preparation in order to declare a minor in elementary teaching or secondary teaching.

Requirements for Admission to the Teacher Education Program. Undergraduate students apply for formal admission to the program. When they apply, they must submit a transcript, an essay, a recommendation, and appropriate Texas Higher Education Assessment or other test scores; in addition, they must complete a background check and a State of Texas Character and Dispositions Statement. Students must complete at least 45 hours of academic work with a GPA of at least 2.500

GIFTED STUDENTS INSTITUTE

www.smu.edu/GSI

Associate Dean and Senior Lecturer Kathy Hargrove, Director

Dedicated to the support of the cognitive and affective development of gifted youth, the Gifted Students Institute offers a range of programs and services for educators and gifted youth and their families.

The Distinguished Lecture Series offers a large selection of oneday sessions and workshops that integrate theory and practice. Lectures are delivered by guest speakers from the SMU faculty and public and private learning institutions throughout the country. The institute developed the school's Gifted Education graduate program that is offered through the Department of Teaching and Learning. In addition, the institute serves precollege gifted students through the Talented and Gifted and College Experience programs.

DEPARTMENT OF APPLIED PHYSIOLOGY AND WELLNESS

Associate Professor Peter Gifford, Department Chair

Associate Professors: Peter Gifford, Lynn Romejko Jacobs, Peter Weyand. Assistant Professor: Scott L. Davis. Senior Lecturers: Birdie Barr, Brian Fennig. Professors of Practice: Michael Lysko, Michael Stone. Lecturers: Piotr Chelstowski, Donna Gober, Megan Knapp, Kristen McAlexander, Vicki Wood.

The Department of Applied Physiology and Wellness offers an undergraduate major in applied physiology and sport management as well as the Choices for Living courses, which address seven elements of wellness (social, physical, environmental, occupational, intellectual, emotional and spiritual).

Applied Physiology and Sport Management Major

www.smu.edu/apsm

The Applied Physiology and Sport Management program provides a rigorous curriculum for understanding the biological basis of health and fitness and the

professional, collegiate or amateur sport organizations; representation of professional athletes; sport public relations; and sport facility and event management.

Applied Physiology and Enterprise Concentration

The Applied Physiology and Enterprise program ensures that students are prepared to develop research-based training methods in order to advise effective lifestyle prescriptions, as well as design and manage fitness and health facilities.

The course offerings within this concentration focus on holistic fitness and health outcomes and are formulated and presented around the central theme of evidence-based practice. This strategy endows students with the analytic skills necessary to evaluate and properly incorporate research results into professional

Application for a Degree

Students must submit to the Office of the Dean a formal application for graduation by August 26 for December 2011 graduation, by January 23 for May 2012 graduation, or by June 5 for August 2012 graduation.

Credits

A candidate for a Simmons School APSM degree must have

- B A minimum total of 122 credit hours, including the requirements for general education and the requirements for the APSM major.
- B A minimum total of 42 advanced credit hours (3000 level or above).
- B A maximum total of two credit hours of Wellness courses.
- B A maximum total of six credit hours of internship credit.

Grades

A candidate for a Simmons School APSM degree must have

- B A minimum cumulative GPA of 2.000 on all work attempted through enrollment at SMU.
- B A minimum cumulative GPA of 2.000 on all equivalent work attempted elsewhere, if any.
- B A minimum grade of C- on any advanced course taken in fulfillment of major or minor requirements.
- B A minimum cumulative GPA of 2.000 on all work attempted for completion of major or minor requirements.
- B No more than 12 hours with a grade of P (Pass).

Minimum Credit Requirement

A candidate for a B.S. degree in APSM from the Simmons School must take the following hours as SMU credit; that is, the credit hours must be earned in SMU courses or SMU-approved international programs.

- B A minimum of 60 credit hours.
- B A minimum of 18 credit hours of advanced work in the major.

Requirements for Obtaining Two Degrees Simultaneously

A student may select both concentrations within the APSM major in the Simmons School by completing all requirements in each concentration, along with general requirements for a B.S. degree in APSM. However, a student may not be awarded more than one baccalaureate degree from the Applied Physiology and Wellness Department.

A student may pursue a program of study leading to a degree from the Simmons School along with a degree from the Dedman College of Humanities and Sciences, Cox School of Business, Meadows School of the Arts, or Lyle School of Engineering. The student must obtain approval for the proposed program of study from the deans of the schools involved.

Graduation Honors

There are three classes of graduation honors: summa cum laude, magna cum laude and cum laude. Eligibility for graduation honors will be based upon the following academic program. All academic work attempted at other colleges or universities

that is equivalent to SMU work will be included in the calculation of the GPA. For students who have transferred to SMU, two GPAs will be calculated: one for all work attempted (at both SMU and equivalent universities) and one for work completed through enrollment at SMU alone. Honors will be based on the lower of the two averages.

Departmental Distinction

A student may be awarded departmental distinction regardless of eligibility for graduation honors. This award is conferred by the Applied Physiology and Wellness Department based on specific criteria established by the department. Further information may be obtained from www.smu.edu/apsm or the department.

The Courses (APSM)

NOTE: Grades in APSM courses below a C- will not be accepted toward fulfilling major requirements.

All students must complete 23 ±24 hours to obtain a B.S. in APSM. The core courses and concentrations are described below.

| | Credit Hours |
|-----------------------------------|--------------|
| Core Courses | |
| Sport Management | 15 |
| Applied Physiology and Enterprise | 17 |
| Concentration Courses | |
| Sport Management | 24 |
| Applied Physiology and Enterprise | 23 |
| Total | 39 ±40 |

Core Courses (APSM)

3311. Exercise Physiology. This course uses an organ system approach to examine the body's responses and adaptations to exercise and movement. Prerequisite: APSM 2310. (For sport management majors only.)

3322. Biomechanics. This course introduces the scientific basis of support and motion in humans and other vertebrate animals, drawing equally on musculoskeletal biology and Newtonian mechanics. Prerequisite: APSM 2310. (For sport management majors only.)

3332. Legal and Ethical Aspects of Applied Physiology and Sport Management. Legal and ethical implications related to careers within the fitness and sport industries are explored. Ethical practices and legalities related to safety, risk management, personnel, and contracts are also discussed. Prerequisite: APSM 2310 or 2441.

3340. Applied Management Skills in Sports and Fitness. An extensive study of organizational functions, methods of operation, types of ownership, and the role of organizations in contemporary society as they relate to fitness and sport enterprises today. Prerequisite: APSM 2310 or APSM 2441.

3411. Exercise Physiology With Laboratory. This course is focused on developing an understanding of the physiological mechanisms underlying human movement. Specific topics of study include muscle physiology, respiration, cardiac function, circulation, energy metabolism, and application to training. Students are expected to have a basic understanding of algebra, general chemistry, and anatomy/physiology prior to enrollment. Offered in spring only. Prerequisite: APSM 2441 or 4441. (For applied physiology and enterprise majors or applied physiology minors only.)

3422. Biomechanics With Laboratory. This course introduces the scientific basis of support and motion in humans and other vertebrate animals, drawing equally on musculoskeletal biology and Newtonian mechanics. Offered in spring only. Recommended: PHYS 1303. Prerequisite: APSM 2441 or 4441. (For applied physiology and enterprise majors or applied physiology minors only.)

5300. Senior Project. This class teaches the process of formal inquiry by utilizing a team format to plan, execute, and report results regarding a scientific question of interest to the group. Prerequisite: STAT 1301, 2301, or 2331.

Applied Physiology and Enterprise Courses* (APSM)

2441. Human Anatomy and Physiology. This lecture course with laboratory is designed to be a systemic approach to the study of the human body. The course focuses on structure and function as related to human health and performance.

3351. Nutrition. An examination of the role that nutrition plays in health and optimal function, including the impact of nutrition on obesity, heart disease, stroke, cancer, eating disorders, and specific populations.

4412. Advanced Exercise Physiology. This course introduces students to measurement techniques used to assess physiological responses to exercise. Students take measurements on themselves (or one another if they prefer) in structured laboratory experiences. Prerequisites: APSM 3311 or 3411, and APSM 2441 or 4441.

4441. Anatomy. A systems-level introduction to gross human and mammalian anatomy presented with a functional emphasis.

5351. Fitness and Health Enterprise. This course prepares students who aspire to careers in the health and fitness industries. Topics include the fundamentals of entrepreneurship, leadership, salesmanship, certification, and liability. Prerequisite: APSM 2441 or 4441.

5361. Undergraduate Research Practicum in Applied Physiology. This course is intended for students considering a career in laboratory-based biological research. Students conduct research in a laboratory under the supervision of an APSM faculty member in whose lab the research will be conducted. Prerequisite: APSM 2441 or 4441.

5610. Applied Physiology and Enterprise Internship. Experiential learning at a local fitness or health organization as an intern for a minimum total of 250 hours. Prerequisites: Senior standing and APSM 5351.

* PSYC 3360. Health Psychology. An overview of psychological factors affecting the body. Topics include emotion, stress, and disease of the immune and cardiovascular systems; eating disorders; and aging.

*A required non -APSM course

Sport Management Courses (APSM)

2310. Contemporary Issues in Applied Physiology and Sport Management. This course explores the functional areas of business, management principles, contemporary issues, and future considerations for organizations within the fitness and sport industries. Reserved for students with fewer than 75 credit hours earned.

3372. Advanced Public Relations in Sport. This course provides an overview of sport industry -specific communications, including public relations, media relations, and community relations. Prerequisite: APSM 2310.

4345. Sports Marketing. This course provides a strategic framework to understand market dynamics, trends, consumer behavior, products, delivery systems, and marketing and promotional strategies that shape and drive the sports marketing industry. Prerequisite: APSM 2310.

4371. Revenue in Sports. This course covers sports industry revenue topics, including professional league and team revenue generation, franchise ownership and valuation, corporate sponsorship, sports media revenue, and industry selling practices. Prerequisite: APSM 2310.

4372. Sport Facility and Event Management. This course examines the principles of sport facility planning, design, and management. Topics include venue design, operations, revenue

streams, budgeting, personnel, security, media relations, crisis control, and legal considera-

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| WELL 2117 | Spinning |
| WELL 2118 | Group Fitness |
| WELL 2119 | Pilates |
| WELL 2122 | Rock Climbing |
| WELL 2125 | Intermediate Triathlon |
| WELL 2129 | Golf |
| WELL 2131 | Mountain Sports |
| WELL 2132 | Racquetball |
| WELL 2135 | Table Tennis |
| WELL 2136 | Tennis |
| WELL 2140 | Badminton |
| WELL 2141 | Swimming |
| WELL 2142 | Ballroom and Folk Dance |
| WELL 2144 | Scuba Diving |
| WELL 2145 | Beginning Swimming |
| WELL 2147 | Power Yoga |
| WELL 2148 | Aikido |
| WELL 2149 | Karate |
| WELL 2150 | Judo |
| WELL 2151 | Self-Defense |
| WELL 2153 | Fencing |
| WELL 2170 | Volunteer Activities |
| WELL 2191 | (optional choice for nontraditional enrollment) |
| WELL 3144 | Advanced Scuba |

HUMAN DEVELOPMENT COURSES (HDEV)

The Simmons School offers a selection of courses under the HDEV rubric that address learning and career-development skills.

1110. O.R.A.C.L.E. (formerly EDU 1110; course number modified spring 2011) A oneterm, 1-credit-hour course that counts as a University free elective. Designed to improve reading and learning efficiency, O.R.A.C.L.E. is directed to undergraduate students who want to acquire advanced reading and learning techniques.

1111. Success Strategies. A 1-credit-hour course that counts as a University free elective.

CLIENT SERVICES

The Diagnostic Center for Dyslexia and Related Disorders

www.smu.edu/reading

The Learning Therapy program administers the Diagnostic Center for Dyslexia and Related Disorders, which was established in response to a community need for services that evaluate individuals for learning disorders related to reading acquisition and comprehension. Dyslexia is involved in most disorders of this type, which can also include developmental spelling disability, developmental auditory imperception, dysgraphia and dysphasia. The center is dedicated to providing comprehensive initial and follow-up evaluation services and appropriate medical, psychological and educational referrals and recommendations for children, adolescents and adults who are at risk for dyslexia and related disorders.

Comprehensive initial evaluation services are available to individuals who exhibit symptoms of dyslexia. Based on the evaluation results, the center helps these clients secure appropriate remediation and/or accommodations (e.g., a time-modified SAT or ACT exam) and provides medical and psychological referrals if warranted.

Re-evaluation services are available to individuals who have previously been diagnosed with dyslexia but who require a follow-up evaluation and diagnosis in order to continue receiving remediation and/or accommodations. Again, the center provides clients with appropriate recommendations and assistance in securing educational accommodations.

The Center for Academic Progress and Success

www.smu.edu/CAPS

CAPS offers tutoring services for school-age children who are experiencing difficulty with reading, vocabulary development, writing, math and spelling. The center's tutoring methods and tools have been designed by researchers from the University's nationally renowned Institute for Evidence-Based Education. Tutoring sessions are individualized, providing one-on-one instruction that is explicit, intensive and specifically designed to address learning differences and disabilities in children.

SMU Mediation Center

www.smu.edu/MediationClinic

Mediation services are available to parties involved in a dispute. Alumni and current students of the Dispute Resolution Program who have completed at least 200 training hours serve as volunteer mediators.

Parties may use SMU's mediation services either before or after a lawsuit is filed. Parties may contact SMU directly to arrange for mediation services, or if a lawsuit has been filed, a judge may order mediation and appoint the SMU center as the mediator. Parties have an equal say in the mediation process and the settlement terms. The mediator has no authority to impose a settlement, and there is no determination of guilt or innocence in this process. Both sides are able to exchange information, express expectations and propose solutions for reaching a resolution.

The mediator facilitates this process by helping the parties communicate clearly and appropriately. Most mediated settlements are completed in one meeting,

saving time and expenses. Legal or other representation is permitted in the mediation but is not required. An agreement reached in mediation can be binding to both parties. If no agreement is reached, the lawsuit continues or is filed. However, the mediation process is strictly confidential and settlement discussions cannot be used as evidence in any future court proceeding. Both parties pay a minimal fee.

The Center for Family Counseling g

www.smu.edu/FamilyCounseling

The Center for Family Counseling delivers developmentally appropriate and culturally sensitive counseling services for families, couples, adults, adolescents and children undergoing varying life circumstances, while providing SMU graduate counseling students with meaningful training experience via supervised therapeutic interactions. Counseling services are designed to assist individuals and groups seeking to enhance their overall life functioning, interpersonal relationships, self - understanding and career satisfaction for optimal well -being.

The Center for Child and Community Development

www.smu.edu/cccd

The Center for Child and Community Development is dedicated to the cognitive, affective/social, and cultural development of children in ethnically diverse communities. With both n2(ic61 0 0 u n6(a)-2(ti)4(o)-2ic)8(a)-2thn12(a)-2(n-2th)-2iCentnesentatioareaitce3(o)-2(r)-2-12vuW

accelerated students completing the seventh, eighth, or ninth grade. TAG is a summer opportunity that offers both college credit courses and noncredit courses. Additional information is available at www.smu.edu/tag.

Academic Enhancement offers a variety of workshops for students ages 5-18. Workshop topics include study skills, reading, test preparation, math, science, vocabulary and writing. Additional information is available at www.smu.edu/read.

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