

It's not enough to plan time for study. Studying for long periods in ineffective ways -- studying harder -- can waste your time. Before you begin, resolve to choose more effective study methods to make every available minute count. That's studying smarter! Here are some ideas:

- Reading alone is only a short-term memory operation, insufficient for test preparation. To produce real learning and recall, you need ACTIVE REVIEW TECHNIQUES. Research shows that active review techniques are far more effective than passively re-reading texts and notes. Looking over material again later is not the same as reading it again. The true test of comprehension is to ask yourself if you can explain the material to someone else. If you can, you probably understand it well enough to pass a test on it.
- Recite aloud: state ideas aloud in your own words. Don't assume you can define

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Yes



